## **Drug Program moves locations**

Wave 8 Mar 1984

HEBER CITY—The Wasatch Alcohol and Drug Program has moved offices to better serve the community to 75 East 100 South in Heber City.

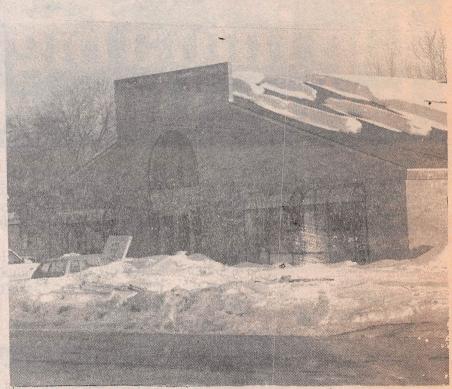
The new office space will give more room to the program, and will be easier to find. The new offices are located with the Bicycle

Shop.

"The new offices gives better service to the community," stated Dr. Sharon Paradise, director of the program. She points out that it is easier to find, and has nicer office space for counseling.

The new center also has a larger meeting room for large classes. The same services will be offered at the new location which was offered at the last location. An Open House has been tentatively scheduled, and Dr. Paradise extends a welcome to anyone who wished to come in to see the new building.

Appointment for counseling can be made from 9-12, or anyone can stop by.



Wasatch Alcohol and Drug Program has now relocated to offices at 70 E. 100 So., in Heber City.

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# Drug and Alcohol

## Awareness

## Declared

Wave 26 Apr 1984 RESOLUTION 84-8

TO DECLARE MAY 1984 AS THE ALCOHOL AND DRUG ABUSE PREVENTION MONTH

WHEREAS, because alcohol and drug abuse is present in this

county, and

WHEREAS, the prevention of alcohol and drug abuse is of primary importance to the health, safety and morals of this county, and

WHEREAS, there is a need to educate the public to more fully acquaint them with the need for alcohol and drug abuse preven-

tion, and

WHEREAS, the Alcohol and Drug Prevention Center of the Wasatch County Health Department has been established to assist residents of Wasatch County with alcohol and drug prevention.

NOW, THEREFORE, BE IT

RESOLVED THAT:

1. The month of May be named as Alcohol and Drug Abuse

Prevention Month.

2. That the Alcohol and Drug Prevention Treatment Center of the Wasatch County Health Department is hereby directed to inform the public during the month of May of the dangers of alcohol and drug abuse and its

extent in this county.

3. That by virtue of this resolution people in this county who are serving to help combat alcohol and drug abuse in their professional and private lives are hereby recognized by the Wasatch County Commission and singled out for thanks for their labors in behalf of the people of this County.

4. That all community organizations are hereby urged to give special attention to the education of their members and the community at large with regard to the seriousness of alcohol and drug abuse within this County.

That this proclamation be published in the Wasatch Wave,

April 26, 1984.

Adopted this 11th day of April, 1984, by unanimous vote of the Wasatch County Commission.

George Holmes
Chairman
Pete Coleman
Commissioner
Reginald C. Tadd,
Commissioner

ATTEST: Harry C. McMillan, Wasatch County Clerk



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## Upcoming Events Announced

#### for the Alcohol

## and Drug Program

On November 28 the Alcohol and Drug Prevention and Treatment office will be starting our Youth meetings from 3:00 to 5:00 every Wednesday. If you feel like you need some information about the dangers of drugs or just need someone to talk to about peer pressure and problems at school, please come and talk with us in a group session.

We would like to invite all parents to join our parent support group. We will be talking about preventive measures with drugs and alcohol and give support to those who are having trouble with their child-

ren. The class will be starting. November 29 from 7:00 to 8:00. If you have any problems with the holiday blues come visit and share your feelings so we can make it a happy holiday season for all.

We will be holding a workshop

on Keys to help the Aging at the Senior Citizen's Center on November 29 from 1:00 to 4:00. We will be touching on self esteem and some sitting exercises to help everyone keep fit and feel better. There will be some guidelines given on the use of medication and how to communicate with your doctor.

that much, you get a lot of packages out of one roll. It's more durable, too, so that it can be used again and again.

Erma Dillingham

Cedar City, Utah

Dear Vi: Add a little pine oil to
your rug shampoo solution for a
clean fresh scent. I also add

ine bleach when shampooing my off-white bedroom carpet.

Mrs. D.M.W.

about four tablespoons of chlor-

I'd try this on an inconspicuous place first--just to be sure.

Readers: This is your feature. Send your good idea or ideas to IT MAKES CENTS, P.O. Box 122, St. George, Utah 84770, or in care of this newspaper. If your letter is used here, I'll send my personal check for \$2.00.

happy and at the same tim maintain at least some degree of peace and quiet, as well as m sanity. I thought you might lik to try some of these ideas. Ever if you're not the host this year you might do the host and hostess a great service be arriving at their home with magic box of tricks to occupy the

children before and after dinner

THANKSGIVING PLACE MATS: Each child draws picture of something to do with Thanksgiving or something they're thankful for on a sheet of paper. On the back of the paper they trace their hand and be coloring the fingers bright color and putting an eye and beak of the thumb, turn it into a turkey. Have the child put their name and the date on their picture. Cut two pieces of clear contains.

NEW WINTER SHOWTIMES 6:30-8:30P.M.

AVON THEATRE - 654-1181



Santa's space age adventure for everyone!

## Upcoming Events Announced

## for the Alcohol Program

4-21-84

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#### ig lices Available

Ponderosa Pine, Astrian Pine, Scotch Pine, Eastern Red-Cedar, White Ash, Honey Locust, Lilac,

Hybrid Poplar, Lombardy Poplar, Golden Willow, Black Locust, European Sage, and Blue Spruce.

The minimum order is be-

tween 60-100 trees and the seedlings will be shipped about Mid-April. For more information or order forms contact Dale Jabonski/Area Forester 1325 West Highway 40, Vernal, UT 84078 (788-2092) or your local County Extension Office at 654-3211 in the Courthouse.

# key Recipes

and remaining 2 teaspoons Worchestershire sauce. Simmer covered, stirring occasionally, until mixture is thickened, about 10 minutes.

Spoon into parslied rice ring, if desired. Makes 8-10 servings.

2 tablespoons oil
1 cup carrots, roll cut
1 cup green pepper, cut into strips
1 cup drained pineapple churks

1 cup drained pineapple chunks Separate wings at joints and discard tips. Wash, drain and

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